

Race Date  
June 15, 2019

2019 Laugh and Half Marathon  
Age Group Results

**Half Marathon**

Female 14 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Abby White	Plainview NE	14	606	73	2:15:28.2	10:20/M

Female 15 to 18

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Emma Bixler	Neligh NE	17	507	34	1:52:16.2	8:34/M
2	Brianna Miller	Hartington NE	18	613	66	2:13:13.9	10:10/M
3	Jayda Bernecker	Hartington NE	17	505	67	2:13:13.9	10:10/M
4	Rebekah Kleinschmit	Hartington NE	17	546	68	2:13:19.9	10:11/M

Female 19 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Megan Lindsay	Omaha NE	24	549	40	1:56:50.7	8:55/M
2	Marisa Bardell	Lincoln NE	24	503	50	2:03:37.2	9:26/M

Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Tessa Hain	Neligh NE	29	526	14	1:41:02.6	7:43/M
2	Haley Mattison	Norfolk NE	29	555	29	1:49:42.8	8:23/M
3	Tatum Wolfe	Elkhorn NE	26	610	32	1:51:15.0	8:30/M
4	Paige Masat	Norfolk NE	29	554	39	1:55:16.2	8:48/M
5	Karin Donner	Omaha NE	28	520	48	2:01:25.8	9:16/M
6	Kara Visger	Dickinson ND	28	602	52	2:04:03.7	9:28/M
7	Elizabeth Riedel	Omaha NE	29	579	59	2:10:02.3	9:56/M
8	Jennifer Borer	Albion NE	29	508	61	2:10:45.9	9:59/M
9	Sydney Hurley	Norfolk NE	28	535	62	2:11:24.9	10:02/M
10	Mikaela Nability-Hill	Jenks OK	27	562	72	2:15:14.1	10:19/M
11	Jennifer Osborne	Duncan NE	27	564	75	2:16:04.5	10:23/M
12	Sarah Bricker	Minneapolis MN	28	509	88	2:24:15.6	11:01/M
13	Jessica Evans	Pierce NE	29	622	100	2:49:29.4	12:56/M

Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Megan Albin	Platte City MO	33	502	24	1:47:42.4	8:13/M
2	Michelle Rahmig	Norfolk NE	32	545	60	2:10:11.7	9:56/M

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**Female 30 to 34**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
3	Maggie Holub	Scribner NE	30	532	63	2:11:50.4	10:04/M
4	Makala Williams	Norfolk NE	33	608	80	2:19:28.4	10:39/M
5	Baily Husmann	Valleyvalley NE	34	536	81	2:19:44.6	10:40/M
6	Alysha Wallace	Shreveport LA	32	603	82	2:19:48.0	10:40/M
7	Katie Kleinschmit	Fordyce NE	34	617	86	2:20:59.7	10:46/M
8	Carrie Wendte	Wayne NE	33	605	87	2:23:07.1	10:56/M
9	Debra Liewer	Atkinson NE	33	548	101	2:53:56.3	13:17/M

**Female 35 to 39**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Elizabeth Barry	Lincoln NE	38	504	7	1:34:18.3	7:12/M
2	Crystal Kmoch	Omaha NE	38	621	10	1:37:16.9	7:26/M
3	Christy Prang	Lincoln NE	35	572	12	1:39:29.7	7:36/M
4	Emily McGaffin	Sioux City IA	36	556	16	1:42:05.6	7:48/M
5	Danielle Wells	Norfolk NE	36	604	51	2:03:47.0	9:27/M
6	Melissa Riechers	Sioux Falls SD	35	578	65	2:13:12.9	10:10/M
7	Rachel Conroy	Norfolk NE	36	516	76	2:16:21.0	10:25/M
8	Ashley Schurman	Crofton NE	36	585	85	2:20:55.3	10:45/M
9	Erica Robertson	Norfolk NE	38	580	91	2:30:18.2	11:28/M
10	Amanda Spaulding	Bellevue NE	37	589	92	2:31:58.2	11:36/M
11	Jenny Morrnick	Grand Island NE	38	561	94	2:31:59.2	11:36/M
12	Tracy Clarizio	Forney TX	38	513	99	2:38:00.0	12:04/M
13	Shawn Ford	Wayne NE	35	524	102	2:56:13.2	13:27/M
14	Ruth Sellen	Omaha NE	35	586	108	3:09:20.1	14:27/M

**Female 40 to 49**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Julie Vilkas	Wayne NE	41	600	36	1:54:50.7	8:46/M
2	Stacey Follon	Elkhorn NE	45	523	45	2:00:23.9	9:11/M
3	Jaime Manz	Wayne NE	42	553	55	2:06:54.6	9:41/M
4	Robin Haynes	Columbus NE	40	618	57	2:07:35.0	9:44/M
5	Ronita Bland	Charlotte NC	45	620	70	2:14:45.2	10:17/M
6	Kimberly Henderson	Sioux Falls SD	42	528	71	2:14:57.8	10:18/M
7	Keri Brogren	Winside NE	41	510	90	2:28:26.4	11:20/M
8	Theneshia Glaze	Edwardsville IL	42	525	97	2:35:15.0	11:51/M
9	Missey Sonnenfelt	Norfolk NE	40	588	98	2:37:35.3	12:02/M
10	Christina Sandage	Rockport IN	43	582	106	3:06:45.9	14:15/M

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# 2019 Laugh and Half Marathon

## Age Group Results

### Half Marathon

#### Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Leigh Officer	Omaha NE	50	563	58	2:09:51.7	9:55/M
2	Sheila Loecker	Fordyce NE	55	550	69	2:14:31.2	10:16/M
3	Brenda Keller	Norfolk NE	54	542	84	2:20:51.2	10:45/M
4	Teresa Pitts	Spotsylvania VA	54	570	95	2:32:12.9	11:37/M
5	Jonnie Pieper	Norfolk NE	56	569	104	2:57:18.9	13:32/M

#### Female 60 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Julie Wright	Franktown CO	60	611	96	2:32:13.1	11:37/M
2	Jennifer Clark	Brandon MS	63	514	107	3:06:52.6	14:16/M
3	Deborah Lamkli	Stanton NE	65	547	109	3:11:28.3	14:37/M

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**Half Marathon**

**Male 14 and Under**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Drew Phillips	Grand Island NE	13	566	77	2:18:11.1	10:33/M

**Male 15 to 18**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jonathon Kittelson	Norfolk NE	18	544	2	1:28:42.8	6:46/M
2	Dawson Meier	Hoskins NE	18	559	20	1:43:06.3	7:52/M
3	Griffin Claussen	Neligh NE	16	515	21	1:45:54.5	8:05/M
4	Wyatt Mead	Norfolk NE	15	558	22	1:45:56.4	8:05/M
5	Cole Uzzell	Norfolk NE	15	598	25	1:48:28.3	8:17/M

**Male 25 to 29**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Mason Sudbeck	Norfolk NE	27	594	8	1:36:43.5	7:23/M
2	Jake Rich	Hadar NE	28	577	11	1:37:53.0	7:28/M
3	Aaron Mangels	Hastings NE	28	552	33	1:51:34.1	8:31/M
4	Anthony Thomsen	Omaha NE	25	595	83	2:20:10.5	10:42/M
5	Josh Nabity	Norfolk NE	25	616	89	2:27:59.7	11:18/M

**Male 30 to 34**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Cory Logsdon	Omaha NE	31	612	1	1:15:54.5	5:48/M
2	David Rastede	Allen NE	32	614	5	1:30:43.0	6:55/M
3	Kyle Hotchkin	Norfolk NE	33	534	6	1:33:42.5	7:09/M
4	Nick Diediker	Concord NE	31	519	15	1:41:52.9	7:47/M
5	Chad Jensen	Norfolk NE	33	538	41	1:59:05.5	9:05/M
6	Chance Buss	Norfolk NE	31	512	42	1:59:23.7	9:07/M
7	Drew Fletcher	Norfolk NE	30	522	47	2:00:42.9	9:13/M
8	Elmer Visger	Dickinson ND	33	601	54	2:05:10.8	9:33/M
9	Scott Schilmoeller	Norfolk NE	31	584	56	2:07:23.8	9:44/M

**Male 35 to 39**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Chris Strehle	West Point NE	37	593	4	1:30:30.3	6:55/M
2	Graham McGaffin	Sioux City IA	35	557	17	1:42:05.6	7:48/M

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**Male 35 to 39**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
3	David Spaulding	Bellevue NE	39	590	26	1:49:20.9	8:21/M
4	Justin Husmann	Valleyvalley NE	38	537	31	1:50:58.3	8:28/M
5	Jeff Sindelar	Dodge NE	35	587	64	2:12:15.4	10:06/M
6	Tyson Tilton	York NE	38	596	93	2:31:58.9	11:36/M

**Male 40 to 49**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Christopher Bisschop	Chancellor SD	40	506	3	1:30:18.4	6:54/M
2	Brian Sterud	Norfolk NE	40	591	9	1:37:06.8	7:25/M
3	James Rahm	Luverne MN	40	574	18	1:42:06.8	7:48/M
4	Antulio De Leon	Columbus NE	45	517	23	1:47:08.4	8:11/M
5	Jeff Morrisk	Grand Island NE	45	560	27	1:49:21.4	8:21/M
6	Jaime Dodge	Lincoln NE	41	615	28	1:49:21.5	8:21/M
7	Craig Plisek	David City NE	44	571	30	1:50:36.2	8:27/M
8	Chad Homolka	Columbus NE	41	533	35	1:54:12.1	8:43/M
9	Ben Vilkas	Wayne NE	40	599	37	1:54:52.1	8:46/M
10	Shannon Hendren	Neligh NE	43	529	44	1:59:52.2	9:09/M
11	Joe Denton	Pilger NE	46	518	49	2:03:24.5	9:25/M
12	Paul Feilmeier	Norfolk NE	40	521	53	2:05:08.3	9:33/M
13	Ryan Phillips	Grand Island NE	41	568	103	2:56:53.3	13:30/M

**Male 50 to 59**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jeff Wickett	Norfolk NE	53	607	13	1:39:55.8	7:38/M
2	Rich Keber	Columbus NE	55	541	19	1:42:34.5	7:50/M
3	Kevin Prochaska	Norfolk NE	53	573	38	1:55:02.1	8:47/M
4	Norm Herman	Yankton SD	57	530	46	2:00:28.8	9:12/M
5	Kevin Keller	Norfolk NE	53	543	105	2:57:39.8	13:34/M

**Male 60 and Over**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jeff Hilgert	Norfolk NE	63	531	43	1:59:25.8	9:07/M
2	Conrad Woerner	Lincoln NE	67	609	74	2:15:30.2	10:21/M
3	Bert Lamml	Stanton NE	71	619	78	2:18:20.1	10:34/M
4	Joe Phillips	Sioux Falls SD	62	567	79	2:19:13.9	10:38/M

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1	Ella White	Plainview NE	11	371	52	1:23:53.4	13:32/M
2	Mallory Mauer	Plainview NE	11	339	53	1:23:54.4	13:32/M

Female 15 to 18

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Abby Streff	Pierce NE	15	365	51	1:21:33.2	13:09/M

Female 19 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ashley Schulze	Battle Creek NE	19	354	57	1:33:14.0	15:02/M

Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jonnie Seeley	Halsey NE	26	355	17	57:52.7	9:20/M
2	Leanna Gubbels	Laurel NE	26	319	23	1:00:21.2	9:44/M
3	Emily Reed	Lincoln NE	25	352	34	1:05:12.4	10:31/M

Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Aimee Junck	Norfolk NE	33	325	18	57:53.1	9:20/M
2	Ariel Broekemeier	Colon NE	33	305	19	57:53.1	9:20/M
3	Rachel Stratton	Norfolk NE	30	364	20	1:00:03.2	9:41/M
4	Amber Ness	Yankton SD	33	347	25	1:01:39.8	9:57/M
5	Lindsay Tenski	Saint Edward NE	32	369	26	1:01:43.4	9:57/M
6	Jessica Sharp	Blair NE	30	357	28	1:03:09.6	10:11/M
7	Krystynn Magsamen	Norfolk NE	30	336	29	1:03:09.7	10:11/M
8	Silver Sibert	Tilden NE	32	358	30	1:03:43.5	10:17/M
9	Erinn Schellen	Meadow Grove NE	32	353	42	1:07:22.9	10:52/M
10	Sara Stenger	Leigh NE	32	362	54	1:25:32.1	13:48/M

Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Julie Kosch	Norfolk NE	36	329	1	46:07.3	7:26/M

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**Female 35 to 39**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
2	Christina Sirek	Norfolk NE	36	359	3	47:51.8	7:43/M
3	Jenny Menke	Pierce NE	38	341	31	1:03:55.7	10:19/M
4	Metka Kolm	Norfolk NE	38	328	37	1:06:19.5	10:42/M
5	Danielle Peekenschneider	Pierce NE	39	349	44	1:10:43.7	11:24/M
6	Denise Dangberg	Carroll NE	36	311	47	1:14:42.4	12:03/M

**Female 40 to 49**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jennifer Bucklew	Plainview NE	40	307	9	49:29.3	7:59/M
2	Gretchen Jones	Omaha NE	40	324	13	53:16.8	8:36/M
3	Patricia Lichty	Norfolk NE	42	332	15	56:37.7	9:08/M
4	Carla Streff	Pierce NE	40	366	22	1:00:05.2	9:41/M
5	Jodi Goodwater	Lindsay NE	41	318	33	1:04:42.4	10:26/M
6	Melissa Hansen	Norfolk NE	40	320	36	1:06:19.0	10:42/M
7	Jennifer Ray	Lincoln NE	47	351	39	1:06:39.7	10:45/M
8	Angie Wietfeld	Leigh NE	46	372	40	1:06:42.0	10:45/M
9	Sherry Lawson	Tilden NE	41	331	41	1:07:22.8	10:52/M
10	Heather Lauterbach	Columbus NE	40	330	43	1:08:09.5	11:00/M
11	Keri Homolka	Columbus NE	40	323	46	1:13:04.1	11:47/M
12	Kandi Murphree	Pilger NE	45	346	61	1:40:47.6	16:15/M
13	Julie Filipi	Battle Creek NE	43	313	62	1:55:30.4	18:38/M

**Female 50 to 59**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Cindy Dohmen	Osmond NE	57	312	7	49:16.9	7:57/M
2	Diane Babel	Columbus NE	59	301	11	52:35.5	8:29/M
3	Diane Martin	Orchard NE	54	338	12	53:14.9	8:35/M
4	Cyndee Staub	Halsey NE	56	361	32	1:04:20.3	10:23/M
5	Jean Moore	Lincoln NE	54	342	38	1:06:37.8	10:45/M
6	Gayle Carlson	Royal NE	52	308	49	1:19:01.0	12:45/M
7	Junelle Lopour	Leigh NE	56	335	55	1:25:59.7	13:52/M
8	Sharon Baldo	Norfolk NE	56	303	60	1:38:04.2	15:49/M

**Female 60 and Over**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Donna Taylor	Neligh NE	64	373	48	1:16:12.2	12:17/M

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Female 60 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
2	Danielle Mortensen	Neligh NE	63	344	50	1:19:01.0	12:45/M



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Male 14 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Eli Streff	Pierce NE	12	367	45	1:11:27.1	11:31/M

Male 15 to 18

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Nathan Filipi	Battle Creek NE	15	315	56	1:32:54.1	14:59/M

Male 19 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Austin Casselberry	Norfolk NE	23	309	10	49:53.1	8:03/M
2	Tanner Logan	Lincoln NE	24	334	35	1:05:12.5	10:31/M

Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Damian Prokopec	Norfolk NE	33	350	6	48:16.3	7:47/M
2	Brandon Paczosa	Columbus NE	31	348	8	49:21.5	7:58/M
3	Nate Stratton	Norfolk NE	32	363	21	1:00:04.6	9:41/M

Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Todd Goodman	Juniata NE	38	317	2	47:02.8	7:35/M
2	Aaron Menke	Pierce NE	35	340	16	57:12.6	9:14/M

Male 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ryan Brogren	Winside NE	44	306	27	1:02:36.8	10:06/M
2	Michael Filipi	Battle Creek NE	45	314	63	1:55:31.9	18:38/M

Male 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Lynn Selting	Elgin NE	57	356	5	47:54.9	7:44/M
2	Kurt Skillstad	Albion NE	51	360	14	54:20.2	8:46/M

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**10K**

Male 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
3	Dale Martin	Orchard NE	56	337	24	1:00:40.5	9:47/M
4	Ronald Baldo	Norfolk NE	56	302	59	1:38:03.8	15:49/M

Male 60 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Bob Moser	Elgin NE	63	345	4	47:52.5	7:43/M
2	Bruce Hanson	Stanton NE	76	321	58	1:35:37.4	15:25/M

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5K

Female 14 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Molly Meier	Hoskins NE	13	98	24	25:03.6	8:05/M
2	Leighton Hebb	Norfolk NE	10	60	68	31:23.2	10:07/M
3	Lilly Kuchta	Randolph NE	10	77	91	33:51.2	10:55/M
4	Kailee Feenstra	Norfolk NE	12	44	130	44:22.3	14:19/M
5	Raleigh Pfeiffer	Carroll NE	10	120	148	49:16.9	15:54/M
6	Soiyer Pfeiffer	Carroll NE	12	121	151	50:38.6	16:20/M
7	Isabelle Streff	Pierce NE	10	153	155	51:06.0	16:29/M
8	Callaway Ward	Norfolk NE	13	168	160	56:25.5	18:12/M

Female 15 to 18

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Alison Stineman	Norfolk NE	16	150	11	21:28.7	6:56/M
2	Jayde Carnes	Norfolk NE	16	17	54	29:40.9	9:35/M
3	Sophia Wostrel	Pierce NE	16	178	59	30:37.8	9:53/M
4	Carsan Brogren	Winside NE	15	13	109	38:05.8	12:17/M
5	Alyssa Brogren	Winside NE	18	12	110	38:06.6	12:18/M
6	Graison Pfeiffer	Carroll NE	15	119	115	41:29.4	13:23/M

Female 19 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Emily Grant	Columbus NE	21	51	14	23:17.5	7:31/M
2	Leann Dederman	Norfolk NE	20	24	37	28:19.0	9:08/M
3	Alison Gardner	Norfolkolk NE	20	50	47	29:20.7	9:28/M
4	Taryn Luedtke	Howells NE	23	88	51	29:37.1	9:33/M
5	Madelyn Meier	Hoskins NE	20	96	79	32:09.3	10:22/M

Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jerae Schweers	Wisner NE	25	141	23	24:57.6	8:03/M
2	Angel Fehrer	Norfolk NE	26	45	27	25:36.0	8:16/M
3	April Martens	Norfolk NE	27	92	43	29:06.0	9:23/M
4	Carrie Wiebold	Crofton NE	26	174	56	30:07.7	9:43/M
5	Mckinzie Paulsen	Norfolk NE	25	112	57	30:27.3	9:49/M
6	Margaret Renner	Kearney NE	26	129	63	30:48.4	9:56/M
7	Samantha Oestreich	Columbus NE	25	106	71	31:27.9	10:09/M
8	Melanie Pedersen	Waco NE	29	113	72	31:31.3	10:10/M

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Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
9	Katie Ehle	Omaha NE	28	38	77	31:47.4	10:15/M
10	Ashley Hoffman	Norfolk NE	27	322	85	33:22.2	10:46/M
11	Myriah Santistevan	Norfolk NE	27	133	95	34:17.3	11:04/M
12	Melinda Heller	Norfolk NE	28	63	100	36:00.2	11:37/M
13	Laura Cook	Norfolk NE	29	20	101	36:01.1	11:37/M
14	Katie Orwa	Norfolk NE	28	108	117	42:25.3	13:41/M
15	Emilie Borer	Norfolk NE	28	8	123	42:59.7	13:52/M
16	Michaela Lammers	Norfolk NE	27	83	128	44:05.0	14:13/M
17	Amanda Wolff	Pierce NE	27	186	129	44:08.5	14:14/M
18	Brittani Thelen	Norfolk NE	25	161	142	46:32.0	15:01/M
19	Brittini Pospisil	Battle Creek NE	28	124	145	46:55.1	15:08/M
20	Megan Marks	Norfolk NE	28	91	153	50:47.3	16:23/M
21	Tricia Brandl	Norfolk NE	28	10	156	51:41.0	16:40/M
22	Faye Wheeler	Norfolk NE	29	173	161	56:26.6	18:12/M

Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Christy Prokopec	Norfolk NE	32	128	16	23:43.7	7:39/M
2	Melanie Linnaus	Norfolk NE	33	193	20	24:33.6	7:55/M
3	Sara Swan	Norfolk NE	34	158	50	29:32.4	9:32/M
4	Jamie Wagner	Norfolk NE	34	163	58	30:33.2	9:51/M
5	Jessie Eby	West Point NE	32	34	64	30:51.2	9:57/M
6	Melinda Strehle	West Point NE	34	154	65	30:51.2	9:57/M
7	Tara Korus	Lindsay NE	32	195	67	31:19.8	10:06/M
8	Michelle Preister	Humphrey NE	30	127	70	31:27.0	10:09/M
9	Brittnee Terrill	Norfolk NE	30	160	84	33:22.2	10:46/M
10	Michelle Paczosa	Columbus NE	31	109	86	33:25.5	10:47/M
11	Chelsea Kuchta	Randolph NE	30	76	88	33:29.4	10:48/M
12	Katie Dove	Hoskins NE	33	31	111	39:24.1	12:43/M
13	Heidi Patsios	Kearney NE	34	110	112	39:51.4	12:51/M
14	Whitney Sunderman	Norfolk NE	31	157	116	42:07.8	13:35/M
15	Stephanie Polt	Plainview NE	33	122	120	42:49.6	13:49/M
16	Emma Beckman	Pierce NE	32	304	121	42:56.8	13:51/M
17	Ashley Merkel	Yankton SD	34	101	133	44:47.2	14:27/M
18	Kathi Gubbels	Hartington NE	32	53	134	44:49.1	14:27/M
19	Hannah Diediker	Omaha NE	32	29	136	45:14.7	14:36/M
20	Kayla Walnofer	Norfolk NE	30	167	143	46:47.9	15:06/M
21	Carmen Powell	Norfolk NE	30	125	158	54:32.0	17:35/M
22	Shawna Ward	Norfolk NE	34	169	159	56:17.5	18:10/M
23	Alicia Haglund	Norfolk NE	34	54	170	1:13:27.3	23:42/M

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Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Lisa Langenberg	Norfolk NE	36	85	15	23:20.0	7:32/M
2	Mandy Lauck	Columbus NE	37	86	34	27:58.8	9:02/M
3	Stephanie Nelson	Norfolk NE	37	105	46	29:15.4	9:26/M
4	Jill Luschen	Omaha NE	38	89	52	29:37.7	9:33/M
5	Michelle Herchenbach	Norfolk NE	37	64	66	30:55.2	9:58/M
6	Catherine Cipra	Norfolk NE	38	18	81	32:31.2	10:29/M
7	Rojina Pant	Norfolk NE	36	183	87	33:26.0	10:47/M
8	Bridget Barry	Lincoln NE	36	4	96	34:36.9	11:10/M
9	Ashley Schafer	Norfolk NE	35	135	106	37:10.6	12:00/M
10	Jamie Petersen	Stanton NE	37	116	113	39:55.4	12:53/M
11	Rachel Eden	Meadow Grove NE	35	36	118	42:34.5	13:44/M
12	Aimee Barnes	Norfolk NE	36	1	124	43:00.5	13:52/M
13	Amy Jorgensen	Norfolk NE	39	66	126	43:05.2	13:54/M
14	Jolene Ellenberger	Norfolk NE	37	40	127	43:34.1	14:03/M
15	Janell Feenstra	Norfolk NE	36	43	135	44:54.2	14:29/M
16	Angela Emerson	Pierce NE	39	41	150	50:04.7	16:09/M
17	Andrea Petersen	Norfolk NE	36	114	166	1:07:36.0	21:48/M
18	Angela Haglund	Norfolk NE	36	55	168	1:13:25.5	23:41/M

Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Amy Waite	Norfolk NE	40	166	48	29:26.5	9:30/M
2	Julia Wostrel	Pierce NE	40	177	60	30:38.2	9:53/M
3	Kami Hebb	Norfolk NE	45	59	69	31:24.7	10:08/M
4	Jessica Bender	Columbus NE	40	5	78	32:01.1	10:20/M
5	Ginger Westfall	Columbus NE	47	370	89	33:33.8	10:50/M
6	Brenda Martin	Howells NE	45	93	90	33:46.8	10:54/M
7	Nancy Meier	Hoskins NE	45	99	94	34:16.1	11:03/M
8	Angela Denton	Pilger NE	45	27	104	36:10.3	11:40/M
9	Amy Lage	Lincoln NE	48	189	105	36:44.8	11:51/M
10	Natalie Zelm	Stanton NE	44	180	138	45:36.9	14:43/M
11	Heidi Mendlik	Stanton NE	46	100	141	46:29.9	15:00/M
12	Carrie Pfeiffer	Carroll NE	40	117	152	50:39.2	16:20/M
13	Dawn Moser	Colon NE	42	103	154	51:05.8	16:29/M
14	Joan Sauser	Norfolk NE	43	134	167	1:07:38.6	21:49/M

Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
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Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Diane Schumacher	Saint Edward NE	59	140	31	26:42.4	8:37/M
2	Christie Burbach	Hartington NE	59	16	39	28:34.8	9:13/M
3	Doris Dederman	Norfolk NE	57	22	42	29:02.8	9:22/M
4	Marcia Grant	Columbus NE	58	52	45	29:13.2	9:26/M
5	Shelley Lammers	Norfolk NE	54	84	49	29:27.1	9:30/M
6	Shari Maurer	Columbus NE	55	95	73	31:37.1	10:12/M
7	Leann Hilgert	Norfolk NE	59	65	80	32:14.6	10:24/M
8	Nancy Sonnenfelt	Stanton NE	56	146	97	34:42.1	11:12/M
9	Penny Davids	Plainview NE	50	21	102	36:04.5	11:38/M
10	Sheila Ridgeway	Norfolk NE	55	130	103	36:08.5	11:40/M
11	Terri Sudbeck	Norfolk NE	57	156	149	50:04.4	16:09/M
12	Mona Schlote	Norfolk NE	59	137	162	56:40.5	18:17/M
13	Renee Tillson	Omaha NE	52	162	169	1:13:27.3	23:42/M

Female 60 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Susan King	Newman Grove NE	63	71	32	26:47.8	8:39/M
2	Marcia Heller	Battle Creek NE	61	62	83	32:53.3	10:37/M
3	Geri Eikmeier	Howells NE	60	39	107	37:29.9	12:06/M
4	Sandy Shelhamer	Norfolk NE	60	143	140	46:26.0	14:59/M
5	Jane Ternus	Battle Creek NE	72	159	144	46:54.7	15:08/M
6	Beverly Braun	Norfolk NE	63	11	146	47:51.5	15:26/M
7	Luann Zerbe	Norfolk NE	60	182	163	56:42.0	18:17/M
8	Joyce Cloyd	Saratoga WY	66	187	165	1:01:05.4	19:42/M
9	Connie Haglund	Norfolk NE	61	56	171	1:13:28.6	23:42/M

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Male 14 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Tristen Kittelson	Norfolk NE	14	196	4	18:37.2	6:00/M
2	Tanner Wagner	Norfolk NE	11	164	26	25:30.9	8:14/M
3	Ezra Barnes	Norfolk NE	7	2	74	31:43.4	10:14/M
4	Taylor Wagner	Norfolk NE	13	165	108	38:00.4	12:16/M

Male 15 to 18

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Brandon Mitzel	West Point NE	16	102	1	18:11.2	5:52/M
2	Ethan Truex	Norfolk NE	15	197	5	19:30.8	6:18/M
3	Ethan Rahm	Luverne MN	15	185	28	26:26.7	8:32/M
4	Sam Dederman	Norfolk NE	18	26	38	28:23.8	9:10/M
5	Aidan Zerbe	Norfolk NE	15	181	62	30:47.4	9:56/M

Male 19 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Levi Sudbeck	Norfolk NE	21	155	8	21:21.7	6:53/M
2	Max Dederman	Norfolk NE	20	25	12	22:05.6	7:08/M
3	DJ Funk	Norfolk NE	24	107	17	24:01.4	7:45/M
4	Michael Rahm	Luverne MN	19	575	18	24:02.3	7:45/M

Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kaleb Kreikemeier	Norfolk NE	27	75	2	18:13.6	5:53/M
2	Jonathan Straetker	Norfolk NE	29	151	21	24:46.0	7:59/M
3	Jordan Buettner	Norfolk NE	28	15	22	24:46.5	8:00/M
4	Scot Donner	Omaha NE	29	30	29	26:27.5	8:32/M
5	Caleb Lammers	Norfolk NE	28	81	36	28:17.5	9:08/M
6	Mitch Schweers	Wisner NE	27	142	92	33:52.9	10:56/M
7	Kody Heller	Norfolk NE	29	61	99	35:40.3	11:30/M

Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Matt Loeffler	Columbus NE	33	87	6	19:40.3	6:21/M
2	Brant Wolff	Norfolk NE	32	176	7	21:18.1	6:52/M

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Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
3	Shawn Patsios	Kearney NE	33	111	25	25:04.3	8:05/M
4	Joe Wendte	Wayne NE	31	172	33	27:49.0	8:58/M
5	Nate Eby	West Point NE	33	35	41	28:59.8	9:21/M
6	Jesse Schmitt	Norfolk NE	30	139	53	29:40.9	9:34/M
7	Spencer Masat	Norfolk NE	30	94	55	29:46.3	9:36/M
8	Ryan Kimes	Norfolk NE	34	70	61	30:46.6	9:56/M
9	Jacob Powell	Norfolk NE	30	126	157	54:30.3	17:35/M

Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kiran Regmi	Norfolk NE	38	184	13	23:07.8	7:28/M
2	Andrew Linnaus	Norfolk NE	35	194	19	24:33.4	7:55/M
3	Andrew Diediker	Omaha NE	37	28	35	28:02.9	9:03/M
4	Greg Jorgensen	Norfolk NE	39	67	40	28:54.9	9:20/M
5	Jon Barnes	Norfolk NE	35	3	75	31:43.7	10:14/M
6	Ryan Eden	Meadow Grove NE	35	37	93	33:54.3	10:56/M
7	Kyle Sakos	Norfolk NE	39	132	122	42:58.6	13:52/M
8	Brandon Petersen	Stanton NE	37	115	139	46:15.4	14:55/M
9	Eric Pfeiffer	Carroll NE	39	118	147	49:15.9	15:54/M

Male 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Chad Brudigan	Norfolk NE	45	14	9	21:23.0	6:54/M
2	Jason Schmidt	Battle Creek NE	44	138	10	21:23.0	6:54/M
3	Justin Renfro	Fargo ND	46	192	30	26:39.9	8:36/M
4	Matt Meier	Hoskins NE	47	97	44	29:09.9	9:24/M
5	Joe Cipra	Norfolk NE	42	19	82	32:32.4	10:30/M
6	Jeff Zelm	Stanton NE	44	179	132	44:40.4	14:25/M

Male 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Estanislao Gallardo	Norfolk NE	54	49	3	18:34.4	5:59/M
2	Kurt Bogner	Norfolk NE	55	7	98	35:27.3	11:26/M
3	Fred Dederman	Norfolk NE	58	23	131	44:39.4	14:24/M
4	Glen Lammers	Norfolk NE	54	82	137	45:15.1	14:36/M



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**5K**

Male 60 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Mark Skillstad	North Platte NE	62	145	76	31:44.6	10:14/M
2	Daniel Kuester	Norfolk NE	62	78	114	40:34.6	13:05/M
3	Mike Skillstad	Norfolk NE	61	191	119	42:38.6	13:45/M
4	Jeff Warren	Norfolk NE	61	171	125	43:00.6	13:52/M
5	Larry Cloyd	Saratoga WY	68	188	164	1:00:59.8	19:41/M